

Health and Wellbeing Board Agenda

Date: Tuesday 28 September 2021

Time: 10.00 am

Venue: Virtual Meeting - Online

Membership (Quorum 5)

Chair: Councillor Graham Henson

Board Members:

Sheik Auladin Clinical Commissioning Group

Councillor Simon Brown
Councillor Janet Mote
Harrow Council
Harrow Council
Healthwatch Harrow
Councillor Christine Robson
Harrow Council

Dr Muhammad Shahzad Harrow Clinical Commissioning Group

Dr Genevieve Small (VC) Harrow GP Governing Body Member for NWL CCG

Councillor Krishna Suresh Harrow Council

1 Vacancy Harrow Clinical Commissioning Group

Reserve Members

Councillor Sue Anderson Harrow Council
Councillor Niraj Dattani Harrow Council
Councillor Dean Gilligan Harrow Council
Councillor Maxine Henson Harrow Council
Councillor Dr Lesline Lewinson Harrow Council

Dr Himagauri Kelshiker Harrow Clinical Commissioning Group

Rasila Shah Healthwatch Harrow

1 vacancy Harrow Clinical Commissioning Group

Non Voting Members:

Inspector Edward Baildon, Harrow & Brent Police

Carole Furlong, Director of Public Health, Harrow Council

Paul Hewitt, Corporate Director - People, Harrow Council

John Higgins, Representative of the Voluntary and Community Sector

Chris Miller, Chair, Harrow Safeguarding Boards

Angela Morris, Director Adult Social Services, Harrow Council

Vacancy, NW London NHS England

Vacancy, Harrow Clinical Commissioning Group

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Useful Information

Meeting details

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Agenda publication date: Monday 20 September 2021

- 7. Covid-19 and Vaccination Progress and Update (Pages 5 18)
- 8. The Integrated Care Partnership 100 Day Plan (Pages 19 32)
- 9. Central North West London (CNWL) Mental Health Services Update and Progress (Pages 33 40)
- 10. **Healthwatch and Primary Care Summit** (Pages 41 50)
- 11. Quarterly Update on Wider Determinants of Public Health (Pages 51 56)





Covid Report Harrow Health and Wellbeing Board 28 September 2021

CAROLE FURLONG

DIRECTOR OF PUBLIC HEALTH

ISHA COOMBES

BOROUGH DIRECTOR (HARROW)

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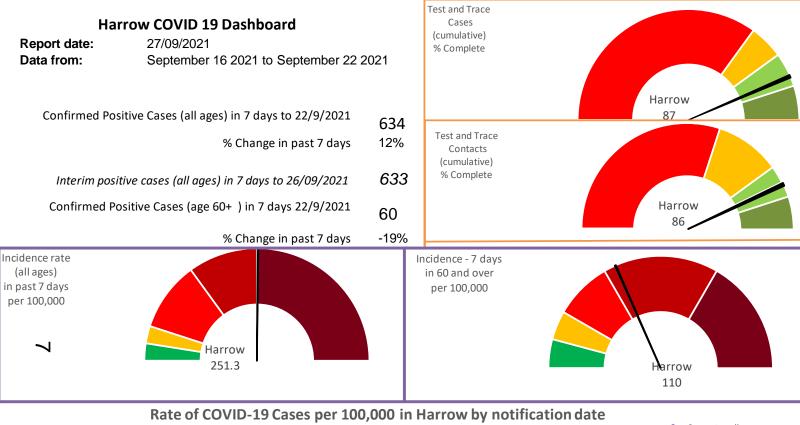
Agenda Item 7 Pages 5 to 18

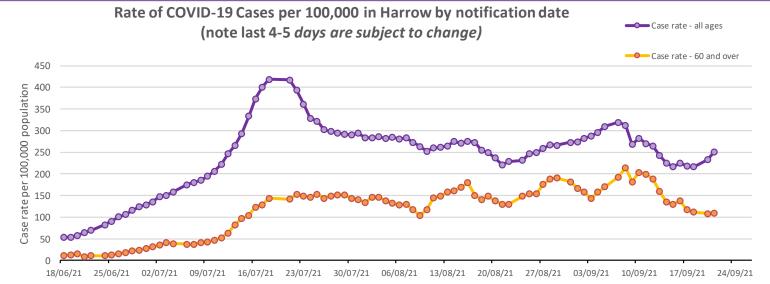
Key Messages

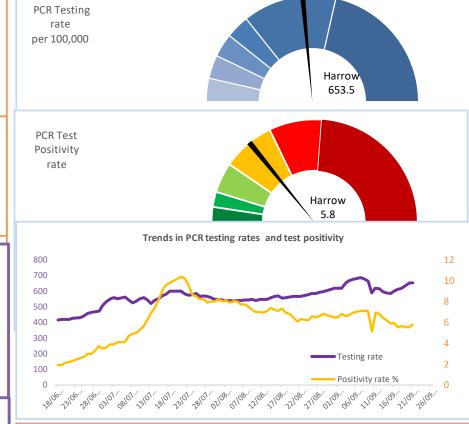
- Rates of COVID in the borough initially increased with the return to school. However rates have subsequently decreased and remain at just under 100 per day. This general trend masks a fairly stable rate in the over 60 population, and therefore we continue to focus on any consequent impact on hospital admissions inn this group. The increasing rates in school age children is not leading to hospitalisations on the whole but are causing come disruption in a few schools. Additional measures such as the reintroduction of masks
- ▶ Hospitals have seen a steady number of people being admitted with COVID but they face continued pressure due to non-Covid-19 related admissions.
- Vaccination rates are continuing to increase slowly and there are plenty of slots available if you have not yet been vaccinated. There are significant inequalities in vaccination uptake with people of Black heritage and those living in the most deprived parts of the borough least likely to be vaccinated.
 - The universal vaccination programme for 12-15 year olds is now being rolled out across schools by the NHS using a test and learn approach.
 - The 3rd dose programme is being rolled out for all groups 1-9 and is available for anyone who had their second dose 6 months ago or more.
 - The mandated vaccination of care home staff is being carefully monitored all staff intending to continue working in care homes. Unless exempt, should now have had their first vaccine dose. We await further instruction on mandated vaccination for other health and care staff.
 - The Flu programme is also starting with a need to carefully coordinate delivery alongside the Covid programme co-administration with the covid vaccine is allowed.
 - Please continue to follow the **Keep Harrow Safe** guidance: Hands, Face, Space, Ventilate guidance even if you've been double vaccinated.
 - ▶ The guidance for Test, Trace, Isolate, Vaccinate remains
 - ▶ Have a regular lateral flow test if you have no symptoms (and wash your hands)
 - ▶ Have a PCR test if you do have symptoms or if you are a close contact of a positive case
 - Self isolate for the full 10 days if you have a positive test
 - ▶ Help is available if you need to isolate including financial support if you are unable to work.
 - ▶ Get Vaccinated twice! and do it now!)... and wash your hands!)











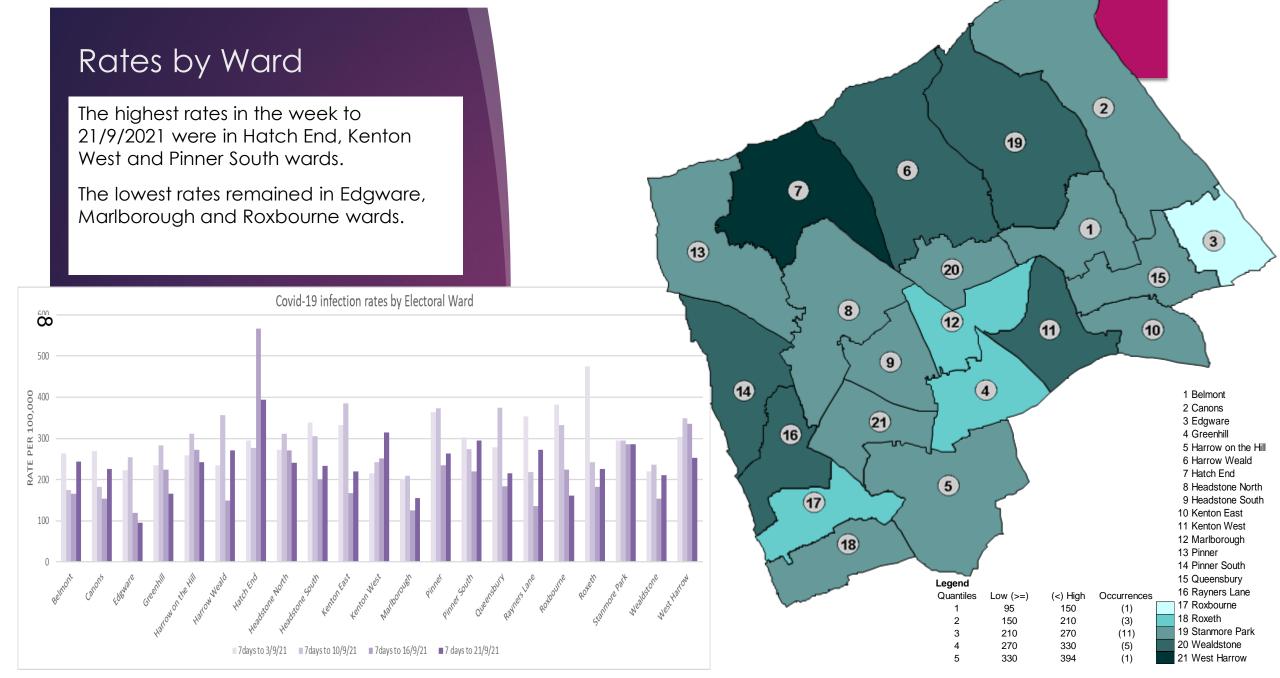
Harrow now ranks 4th of 32 London. The all age rate has started to ioncrease again but the over 60 rate remains fairly steady.

Hospitalisations:

Hospitalisations and deaths in the last 7 days have seen a slight increase. Between 17th to the 23rd September 2021, the number of people going to Northwest London Trust were **76** (from 63 last week). There were **48** patients in hospital with coronavirus on 19th September 2021 and **11** coronavirus patients in hospital beds with a mechanical ventilator on 23 September 2021.

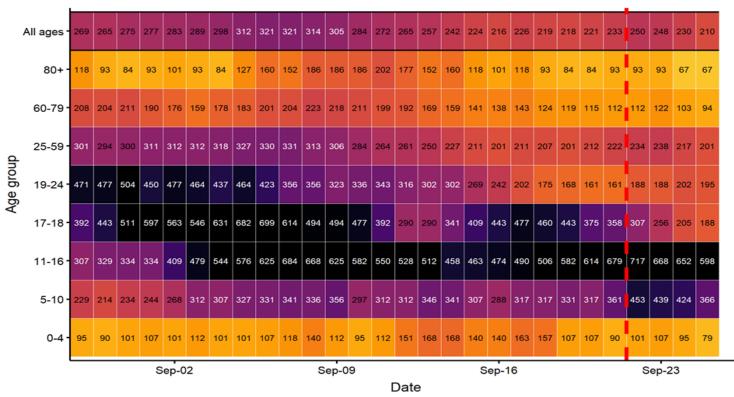
Deaths

Between 20 and 26 September 2021, there have been 4 deaths within 28 days of a positive coronavirus test.



Age distribution

- highest group affected with the 5-10 age group now higher than the 17-18 year olds. This is most likely due to the increased testing activity by schools with the start of the autumn term.
- Rates are still decreasing in 19-24 year olds and starting to decrease in the 17- 18 age groups too, which had previously been the age cohort with the highest rate.
- Rates in the over 80s and in the under 4s remain lower than other age groups.





Confirmed cases

500+ 400

300

200

100

per 100,000 (7-day rolling rate)

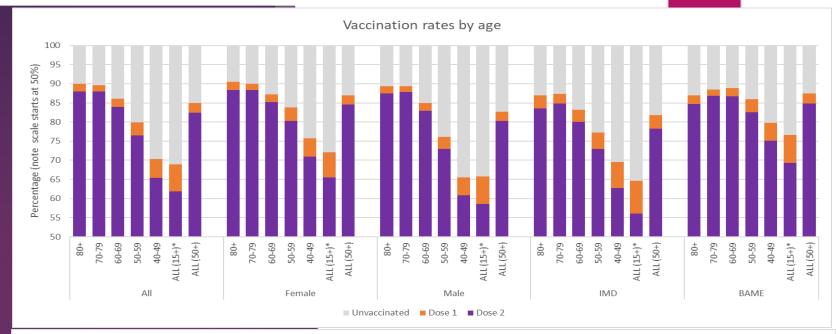
Changes to Self Isolation Guidance

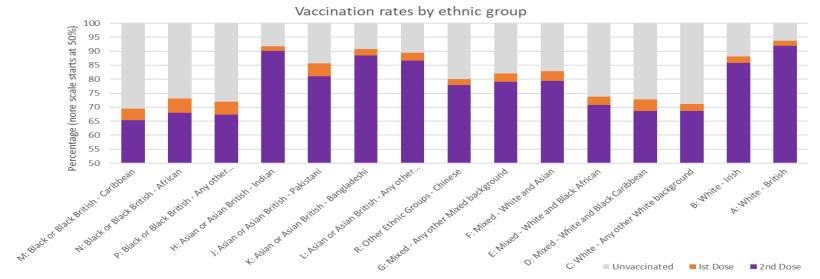
- Individuals are not required to self-isolate if they live in the same household as someone with COVID-19, or are a close contact of someone with COVID-19, **and** any of the following apply:
 - they are fully vaccinated
 - ▶ they are below the age of 18 years and 6 months
 - ▶ they have taken part in or are currently part of an approved COVID-19 vaccine trial
 - ▶ they are not able to get vaccinated for medical reasons
- Instead, they will be contacted by NHS Test and Trace, informed they have been in close contact with a positive case and advised to take a PCR test. We would encourage all individuals to take a PCR test if advised to do so.



Vaccination

- Over 70% of people in Harrow have now had the first vaccine dose and 64% have also had their second dose.
- The numbers of over 18s that still are yet to have their first vaccine has reduced from 48,000 to 45,988 (reduction of 5%) since last reported. Of these the groups with the highest proportions of unvaccinated remain the 30-39 year old group, where around 15,168 still need to be vaccinated, followed closely by the 18-29 year olds, with 15,095 unvaccinated. There still remain some significant differences in vaccine uptake within the population.
- People living in the most affluent part of Harrow are much more likely to be vaccinated than those living in the most deprived (83.8% compared to 53.3%).
- People of black heritage and people in the other white ethnic group remain the least likely to have been vaccinated.





Vaccination Update





1st Dose as % of Population

1st dose uptake as % of

population										
% Uptake	Brent	Central	Ealing	H&F	Harrow	Hillingdon	Hounslow	West London	Unknown	Total
Care Home Resident	95.0%	91.9%	94.2%	95.5%	93.3%	97.5%	95.8%	93.9%	94.4%	95.1%
Healthcare Workers NHS Trust (ESR)	82.9%	89.4%	87.9%	88.8%	90.9%	91.7%	91.0%	84.7%	92.9%	88.6%
80+	84.2%	82.9%	86.5%	80.6%	92.2%	91.9%	89.9%	79.8%	83.6%	86.8%
75-79	84.1%	81.7%	88.0%	81.6%	91.7%	93.0%	89.8%	79.3%	80.2%	86.8%
Clinically Extremely Vulnerable	81.9%	83.6%	87.6%	82.4%	90.7%	92.4%	90.1%	83.4%	89.4%	86.9%
⁷ 1 3 4	82.3%	74.7%	85.8%	79.9%	89.6%	91.1%	86.8%	75.8%	75.0%	84.0%
65-69	80.7%	72.8%	82.9%	76.8%	88.0%	88.8%	84.8%	72.7%	74.1%	81.7%
Learning Disability Register	74.1%	72.0%	78.9%	72.5%	84.4%	84.5%	83.6%	75.5%	86.4%	78.9%
QCovid	80.0%	78.2%	83.8%	74.8%	85.4%	85.9%	84.0%	77.2%	82.6%	81.7%
DWP Carers	66.1%	68.0%	72.7%	62.3%	75.9%	77.5%	75.5%	63.2%	75.5%	70.9%
LA Carers	73.3%	77.4%	82.7%	66.9%	87.1%	83.7%	86.7%	69.4%	72.5%	80.2%
At Risk	73.6%	68.3%	77.4%	72.6%	82.5%	83.6%	80.6%	67.7%	80.8%	76.2%
60-64	72.1%	66.4%	77.0%	71.4%	83.2%	84.8%	80.3%	64.0%	65.5%	75.1%
55-59	70.1%	63.9%	74.4%	72.8%	79.6%	81.2%	78.3%	63.1%	67.3%	72.8%
50-54	67.0%	61.2%	71.9%	70.3%	75.6%	78.3%	75.6%	61.1%	62.4%	70.0%
40-49	60.5%	53.5%	63.8%	59.2%	67.8%	72.0%	65.9%	53.0%	62.5%	62.1%
30-39	52.1%	49.3%	55.3%	59.0%	57.0%	63.5%	56.2%	50.9%	62.1%	55.4%
18-29	52.6%	52.4%	56.4%	63.4%	55.7%	60.1%	60.1%	52.3%	59.5%	56.9%



2nd Dose as % of 1st Doses

2nd dose as % of first doses

% Uptake	Brent	Central	Ealing	H&F	Harrow	Hillingdon	Hounslow	West London	Unknown	Total
Care Home Resident	89.1%	87.8%	92.4%	89.3%			87.7%	91.6%	88.8%	89.5%
Healthcare Workers NHS Trust (ESR)	94.1%	95.0%	94.4%	95.2%	95.5%	95.5%	95.4%	95.0%	94.3%	95.0%
80+	92.0%	94.4%	96.1%	96.0%	96.6%	97.3%	96.5%	95.0%	94.4%	95.6%
75-79	96.5%	95.5%	97.2%	96.8%	97.7%	98.2%	97.3%	96.1%	98.6%	97.1%
Clinically Extremely Vulnerable	94.8%	95.4%	96.4%	95.5%	97.0%	97.4%	96.4%	95.3%	94.1%	96.1%
70-74	96.6%	95.7%	97.6%	97.4%	98.2%	98.3%	97.5%	96.5%	94.4%	97.3%
1 59	96.3%	95.2%	96.9%	96.1%	98.2%	98.0%	97.3%	95.9%	97.2%	96.9%
Learning Disability Register	88.7%	90.5%	91.0%	87.3%	92.4%	93.4%	87.2%	92.0%	94.7%	90.4%
QCovid	93.8%	94.4%	94.0%	92.8%	95.6%	95.1%	93.8%	93.9%	94.5%	94.2%
DWP Carers	89.6%	89.8%	91.2%	88.6%	93.8%	92.4%	89.8%	90.6%	93.5%	90.9%
LA Carers	92.1%	90.6%	89.5%	93.2%	97.2%	95.3%	95.8%	93.7%	94.6%	94.2%
At Risk	92.7%	91.9%	93.1%	92.5%	95.5%	94.8%	94.0%	92.9%	93.1%	93.5%
60-64	95.3%	94.0%	96.4%	95.3%	97.9%	97.6%	96.4%	94.5%	91.9%	96.1%
55-59	94.1%	93.9%	95.9%	95.4%	96.9%	97.5%	95.8%	94.1%	94.3%	95.5%
50-54	93.8%	93.5%	95.1%	94.5%	96.2%	96.7%	95.6%	93.9%	92.0%	94.9%
40-49	92.1%	92.3%	92.4%	93.1%	93.9%	94.2%	92.5%	92.1%	89.6%	92.8%
30-39	87.5%	89.4%	87.4%	90.7%	90.2%	89.3%	87.5%	88.2%	87.2%	88.7%
18-29	78.8%	84.5%	77.3%	86.0%	82.6%	80.5%	78.7%	81.5%	79.2%	81.5%



Overview for Phase 3

3rd and Booster doses

- To all in groups 1-9 from before
- Limiting factor is they should be given 6 months after second dose
- No need to phase according to previously described phases
- Any one vaccinated before March 20th is eligible today

15

Co-administration with Flu

- Co-administration is allowed
- Usually if vaccine is not given at the same time, 7 days passes inbetween appointments
- To discuss with patient this is a risk benefit ratio conversation



Harrow Phase 3 Infrastructure

Harrow PCN (LVS) Sites

Harrow Community Pharmacy Sites

- Elliott Hall Medical Centre
- Belmont Health Centre
- Honeypot Medical Centre
- Civic Medical Centre
- Pinn Medical Centre
- Byron Hall (pop up site)

Fairview Pharmacy
Health Pharmacy
Healthways Pharmacy
Keencare Pharmacy
KL Pharmacy
Meads Pharmacy
Murrays Chemist
North Harrow Pharmacy
Shaftesbury Pharmacy

295 Burnt Oak Broadway 390-392 Rayners Lane 382 Rayners Lane 18 College Road 190 Alexandra Avenue 399 Alexandra Avenue 172 Kenton Road 509 Pinner Road 506 Shaftesbury Parade



Children & Young People 12-15 year old vaccination

- Adopted a test and learn approach with a small number of schools developing the delivery model over time
- Working group now established & meeting daily to provide solutions to operational and logistical issues as they arise
- A SOP has been developed which is adapted and updated based on feedback from early adopters schools and input from Ops Team and other sources to ensure that it is aligned with best practice principles
- School Liaison Leads are the communication channel to schools & act as the link between Ops & project team and School Heads
 - School request forms are mechanism for organizing clinics with an online school schedule now in place accessible by key parties including School Liaison leads to ensure all schools are planned in accordingly
 - Pathways are being established for CYP group not in schools e.g. home educated with GP the preferred route for vaccination
 - ½ term clinics to be arranged in each borough to provide follow up



Care Homes

- All boosters are to be delivered to care home residents by 1st November 2021.
- Confirmation from the National Team that Mental Health /Learning Disability homes are in scope for the November 1st deadline.
- $\frac{1}{2}$ GPs will be supported by a central support team to deliver the vaccination to care home residents
 - Schedule to be developed for each borough by 30/9 giving date of home vaccination and delivery model
 - No new Consent forms for boosters available yet for care home residents. Guidance from the national team is to manually amend the current consent forms.



Harrow Integrated Care Partnership 100 day plan: developing our understanding and delivering

action

Lisa Henschen, Managing Director, Harrow Integrated Care Partnership

Version 2: 18th August 2021



Introduction to the 100 day plan

In February 2020, the Harrow Health and Care Partnership produced their **first 100 day plan**, setting out the next 100 days of the ICP development. No one could then have foreseen what the next 100 days would bring.

As we look back on those 100 days at the beginning of March 2020, it is clear that the newly formed Harrow Health & Care Executive (HHaCE) became the epicentre of our ICP and of our work with local partners on supporting each other in responding to Covid-19. It brought together, as it continues to, on a weekly basis senior representatives of the acute, community, mental health, social services, primary care networks, voluntary and community sector, CCG and broader council services. It set out the foundations of a system that we believe will enable us to drive improvements in health and wellbeing, reductions in inequalities, and the sustainable use of collective resources: both to meet current demands across these areas and our future health and wellbeing priorities for Harrow as a whole.

In June 2020, following the first wave of COVID-19, the Harrow Health & Care Executive produced their **Out of Hospital Recovery Plan**. This plan built on what the partnership had rapidly learnt over the first wave of the COVID pandemic, as well as the long term aspirations of this partnership; delivery of integrated, person centred care. It set out these long held objectives as well as a programme of recovery in the priority areas of our transformation programme. This plan cemented the out of hospital recovery workstreams at the heart of our integrated care partnership and the vehicles for collaboration and change delivery.

As the partnership continued to provide leadership and operational oversight of our out of hospital recovery plan and continued response to the second and third waves of the pandemic, it continued to evaluate and refine its direction and approach. A reflect and refresh exercise, undertaken in April 2021 with members of the Health

and Care Executive, sought feedback on the effectiveness of the partnership and ongoing priorities. A series of conversations with Black Community Leaders and citizen champions for health and care provided constructive challenge to our approach and the ways services are delivered. They reinforced the need to place our citizens at the heart of ICP developments and reflect seriously on the values of the Health and Care Partnership for Harrow.

Four strategic conversations were then held to shape our way forward:

- 1. Putting patients and citizens at the heart of the ICP: Including in the planning, delivery and assurance of better health and care outcomes
- 2. How we hold ourselves to account? Including the role of primary care leadership, future of commissioning, self-assurance, conflict resolution and relationship with the ICS
- Reaffirming our shared delivery commitments: Including the operational changes and workstream development to support the above
- 4. Developing our shared culture: Including how to make this real for people, engaging staff, integrated training and development, and promoting staff wellbeing

We are now at a critical point in the partnership development. We need to continue to engage, alongside acting on what we have heard. We need to effectively establish the Harrow Health and Care Partnership as the agency to deliver for our local citizens and for the North West London Integrated Care System (ICS).

This is the purpose of this 100 day plan; turning our understanding to action and demonstrating the robustness and readiness of the partnership to deliver the priorities for our wider health and care system.















Setting the priorities for the 100 day plan

The priorities for the 100 day plan have been developed through:

- a) The outcomes of the Harrow Health and Care Executive four strategic conversations, the key conclusions from which are:
 - The need to start engaging the wider workforce, giving people the permission / freedom to start the process of integration
 - The importance of values but the need for these to come from people, not from the system leadership
 - The consistent themes from the conversation sessions around improving access, jointly developing workforce, and embedding community voices
 - The need for the next "100 day plan" to be about empowering, asking others and addressing power dynamics, not just providing a new set of workstreams and priorities
 - Potential availability of support and funding to enable this journey through our dedicated transformation funding.
- b) The priorities of our transformational workstreams and how we are driving their work to reduce health inequalities, improve care and develop a sustainable local health care system (Appendix A)
- c) Our commitment to the delivery of the ICP priority areas that have been set across North West London and the set of metrics that have been agreed to measure their delivery (Appendix B)
 - Reducing health inequalities: Population Health Management underpinning all decisions
 - Development of PCNs and reducing Primary Care variation
 - Integrating and organising teams at a neighbourhood level
 - Diabetes achieve new spec to improve health
 - Community mental health deliver model and access as agreed by North West London
 - Vaccines, hesitancy and post-COVID care
- d) The development of the wider Integrated Care System in North West London and the need to secure our agency to deliver system priorities, including having a robust Borough Delivery Plan in place (see Appendix C)















The 100 day plan: what we are seeking to achieve

The 100 plan is about laying the foundations for a strong ICP, building the momentum for change as well as delivering change for our citizens. We expect opportunities for positive change to emerge through this process and team will be supported to enact and learn through delivery of these over the 100 day period..

By the end of the 100 days we Demonstrated by ... Delivered through ... will have ... 1. Established a shared purpose for our Clear and agreed priorities and delivery The Harrow Borough Delivery Plan work across our local health and care programme system 2. Secured our citizens and staff at the Voice of citizens and staff at the heart of our Borough Delivery Plan. Changes The Harrow Conversation heart of the Integrated Care Partnership in made to digital models in response to Harrow citizen voice. Clear governance, decision making and 3. Established our agency to deliver Agreed Governance structure accountability in place Implementation of transformation Key indicators in the Harrow Health and 4. Be clear on the transformation Care dashboard programme for our ICP programmes

















100 day plan at a glance

	Days 1 – 30 [September]	Days 30 – 60 [October]	Days 60 – 90 [November]	Days 90 – 100 [December]
1. Establish a shared purpose for our work across our local health and care system	Commence borough level population health needs assessment. PCN development plans: review by Harrow Health and Care Executive.	Needs assessment continues with refreshed census data. Values and ways of working established, directed by the Harrow conversation	Neighbourhood population needs assessment completed. Neighbourhood team moving to PHM approach. Agreement and commitment to Borough Delivery Plan across all Harrow Health and Care Partners.	Borough Delivery Implementation Plan agreed. Borough and PCN needs assessment complete as foundation for Population Health Management.
2. Secure our citizens and staff at the heart of the Integrated Care Par & rship in Harrow	Commence the Harrow Conversation across our staff groups. Engagement through Health inequalities programme with groups experiencing health inequalities	Conclude and reporting on the Harrow Conversation across our staff groups Stage 1 of the Health inequalities programme concludes.	Insights gained at the heart of the Borough Delivery Plan. Citizens and staff established and active within ICP Governance structure.	Citizen and VCS engagement into neighbourhood structures secured.
3. Establish our agency to deliver	Agree refreshed Governance structure	New Governance structure in place ICP metrics in place with accountability for delivery agreed. ICP system oversight process commences	Deep dives into diabetes programme delivery. Beginning to evidence impact (initial focus on process metrics) for our diabetes programme.	Deep dives into mental health programme delivery. Areas of variation for focused agreed for the partnership.
4. A clear transformation programme in place for our ICP	Agreement of winter plans Making Integration Happen in Harrow moves to implementation. Integrated training and workforce programme initiated. Phase 3 COVID vaccination programme implemented. Harrow Primary Care Summit.	Refresh of frailty pathway Responding to Harrow conversations: delivering quick wins. Vaccination hesitancy programme in place and uptake monitored.	Tackling health inequalities programme: programmes of change begin implementation.	Transformation workstreams have clear priorities and associated delivery plans in place. Foundation for integrated teams in place at neighbourhood level.

Teams supporting the 100 day plan priorities

1. Established a shared purpose for our work across our local health and care system

Carole Furlong and Public Health team, PCN Clinical Lead and Operational Managers

2. Secure our citizens and staff at the heart of the **Integrated Care Partnership** in Harrow

Alex Dewsnap, Mike Waddington Shanae Dennis, SROs of transformation workstreams

Overall coordination and implementation of 7 day plan

Harrow Health and Care Executive

3. Establish our agency to deliver

Isha Coombes, Hugh Caslake, Johanna Morgan

4. A clear transformation programme in place for our **ICP**

Isha Coombes, all **Tranformation Programme** SROs, Integration **Operational Leads**

















Priority area 1: Establish a shared purpose for our work across our local health and care system

	Key actions	Lead/s	Programme oversight
Days 1 – 30 (September)	Commence borough level population health needs assessment through gathering and reviewing existing needs assessments that have been completed	Public Health team	Population health management working group
	 PCN development plans: review by Harrow Health and Care Executive. This will be a process of constructive check and challenges, alongside identification of where support across the partnership could be secured for delivery. 	PCN Clinical Directors supported by Harrow Borough team	Harrow Health and Care Executive
Days 30 – 60 (October)	 Needs assessment continues with refreshed census data and Borough needs assessment completed by day 60. 	Public Health team	Population health management working group
25	 Values and ways of working established for the Harrow ICP. These will be directed by the Harrow conversation which will have happened over September; engaging with as many front line staff teams as possible. Through listening to our staff and comparing this to what we have heard from our citizens we will create a set of values that are owned by the people we are serving. 	Lisa Henschen and supported by all Harrow Health and Care Exec senior leaders	Communications and engagement workstream
Days 60 – 90 (November)	 Following Borough needs assessment completion, neighbourhood population needs assessment completed by day 90, reflecting each of the PCN footprints. 	Public Health Team / PCN CDs / PCN Operational Managers / Borough team	Population health management working group
	Agreement and commitment to Borough Delivery Plan across all Harrow Health and Care Partners	Lisa Henschen	Joint Management Board
Days 90 – 100 (December)	Borough Delivery Implementation Plan agreed.	Lisa Henschen	Joint Management Board
	Borough and PCN needs assessment complete as foundation for Population Health Management. From this, we are able to set out our long term approach to embedding population health management	Carole Furlong and Meena Thakur, supported by Lisa Henschen	Population Health Management & Tackling Health Inequalities

Priority area 2: Secured our citizens and staff at the heart of the Integrated Care Partnership in Harrow

	Key actions	Leads	Programme oversight
Days 1 – 30 (September)	Commence the Harrow Conversation across our staff groups. Conversation guide agreed as a framework. Discussions in place across as many staff groups as possible within health, social care and VCS organisations. Executives from Health and Care organisations attending conversations in listening capacity	Lisa Henschen, Ayo Adekoya supported by PPL Executive Board members attending conversations.	Communications and engagement workstream Harrow Health and Care Exec
	Engagement through Health inequalities programme with groups experiencing health inequalities	Alex Dewsnap, Shanae Dennis	Prevention and population health management workstream
Days 30 – 60 (C o ber)	 Conclude and report on the Harrow Conversation across our staff groups. Results need to feed into all work programmes through the Borough Delivery Plan. Use this engagement opportunity to establish the Harrow ICP staff advisory group. 	Mike Waddington, Lisa Henschen	Communications and engagement workstream Harrow Health and Care Exec
	 Stage 1 of the Health inequalities programme concludes. Recommendations are made to new programmes of work that need commissioning and redesign of existing services. 	Alex Dewsnap, Shanae Dennis, Lisa Henschen and transformational programme SROs.	Prevention and population health management workstream Harrow Health and Care Exec
Days 60 – 90 (November)	 Insights gained through citizen and staff engagement at the heart of the Borough Delivery Plan. 	Lisa Henschen, Alex Dewsnap, Mike Waddington	JMB
	Citizens and staff established and active within ICP Governance structure.	Lisa Henschen	JMB
Days 90 – 100 (December)	Citizen and VCS engagement into neighbourhood structures secured	PCN Clinical Directors supported by the Borough team	Harrow Health and Care Exec

Priority area 3: Establish our agency to deliver

	Key actions	Leads	Programme oversight
Days 1 – 30 (September)	Agree refreshed Governance structure	Lisa Henschen	JMB
	Develop the BCF 2021/22 approach and schedules for partner review	Johanna Morgan and Hugh Caslake	BCF Core Officers Group / Harrow Health and Care Exec
Days 30 – 60 (October)	New Governance structure in place	Lisa Henschen / Chairs	JMB
27	 ICP metrics in place with accountability for delivery agreed across the ICP objectives: (1) Population Health Management underpinning all decisions, (2) Development of PCNS and reducing primary care variation, (3) Integrated and organising teams at a neighbourhood level (frailty focus), (4) Diabetes – achieve new spec to improve health, (5) Community Mental Health – deliver NWL service, (6) Vaccines, hesitancy and post-COVID care. 	Ayo Adekoya	JMB & Health and Care Executive
	ICP system oversight process commences. Once a month, the Harrow Health and Care Executive will focus on key system metrics for the partnership to hold themselves to account and secure greater system focus on areas of concern.	Lisa Henschen / Ayo Adekoya	JMB & Health and Care Executive
	BCF approach and schedules for 2021/22 agreed	Johanna Morgan and Hugh Caslake	BCF Core Officers Group / Harrow Health and Care Exec
Days 60 – 90 (November)	Deep dive into diabetes programme delivery to assure ourselves as a system	Kaushik Karia / James Benson / Isha Coombes	Harrow Health and Social Care Senate
	 BCF approach and schedules for 2022/23 proposed (with a view to agreement by end of December) 	Johanna Morgan and Hugh Caslake	BCF Core Officers Group / Harrow Health and Care Exec
Days 90 – 100 (December)	Deep dives into mental health programme delivery to assure ourselves as a system	Dilip Patel / Ann Sheridan / Isha Coombes	Harrow Health and Social Care Senate

Priority area 4: Clear transformation programme in place for our ICP (one of two)

	Key actions	Leads	Programme oversight
Days 1 – 30 (September)	Agreement of winter plans for the Harrow Borough	Lisa Henschen / Simon Crawford / Isha Coombes	A&E Delivery Board / Harrow Health and Care Exec
	Making Integration Happen in Harrow moves to implementation. Integration operational leads groups established.	Lisa Henschen / Ayo Adekoya / Chair of Integration Leads Group (TBC)	Harrow Health and Care Exec
	Integrated training and workforce programme initiated	Ashok Kelshiker / James Benson	Integrated workforce and education workstream
28	Phase 3 COVID vaccination programme implemented	Isha Coombes / PCN CDs	Harrow Health and Care Exec
	Flu vaccination programme implemented	Isha Coombes / PCN CDs	Harrow Health and Care Exec
	 Focus on frailty pathway commences, with the following aims: Fully understanding the service offers and patient pathways for our frail patients Identification of further opportunities of integration of services Establish service readiness for management of winter pressures 	Angela Morris / Simon Crawford / Amol Kelshiker / Ayo Adekoya	Frailty workstream
	Harrow Primary Care Summit held to address the immediate demand issues on primary care and develop long term solutions	Lisa Henschen / Isha Coombes	Harrow Health and Social Care Senate / CCG Borough Executive Group















Priority area 4: Clear transformation programme in place for our ICP (two of two)

	Key actions	Leads	Programme oversight
Days 30 – 60 (October)	Insights gained from the Harrow staff conversations further develops the Making Integration in Harrow programme	Lisa Henschen	Harrow Health and Care Exec
	 Focus on frailty services continue, with MDT approach to care planning 15% complex / frail patients confirmed 	Angela Morris / Simon Crawford / Amol Kelshiker / Ayo Adekoya	Frailty workstream
	Implementation of winter plans	Lisa Henschen / Simon Crawford / Isha Coombes	A&E Delivery Board / Harrow Health and Care Exec
29	Responding to Harrow conversations: delivering quick wins	Lisa Henschen / Jackie Allain / Tanya Paxton	Harrow Health and Care Exec
	 Vaccination hesitancy programme in place and uptake monitored. Ongoing support to Phase 3. 	Isha Coombes	Harrow Health and Care Exec
Days 60 – 90 (November)	Tackling health inequalities programme: programmes of change begin implementation.	Alex Dewsnap, Shanae Dennis	Prevention and population health management workstream
Days 90 – 100 (December)	Transformation workstreams have clear priorities and associated delivery plans in place.	SROs of all transformational workstreams	Harrow Health and Social Care Senate and Harrow
	Foundation for integrated teams in place at neighbourhood level.	Lisa Henschen / Ayo Adekoya / Chair of Integration Leads Group (TBC)	Harrow Health and Care Exec















Appendix A: The Transformational work programmes of the Harrow ICP

(for final JMB agreement)

Delivery Workstreams		SROs	Management support	Enabling workstreams	SROs	Management support	
Population	Prevention, self-care and social prescribing sub-group	Carole Furlong Meena Thakur Alex Dewsnap	Sandra Arinze Nahreen Matlib Laurence Gibson	Workforce and OD integration	Ashok Kelshiker James Benson	Simon Young	
Health Management & Tackling Health	Tackling health inequalities sub-group						
Inequalities	Population health management working group			Access to care and COVID recovery	TBC	TBC	
Long term conditions		James Benson Kaushik Karia	Bharat Gami	Strategic Estates Group	Isha Coombes	Simon Young	
Mental Health		Dilip Patel Ann Sheridan	Lennie Dick & Tanya Paxton				
Learning Disabili	ty and Autism (all age)	Paul Hewitt	Lennie Dick & Mital Vagdia	Digital transformation	Andrew Chronias	Nomaan Omar	
Frailty and care settings		Amol Kelshiker Angela Morris Simon Crawford	Sonal Dhanani				
Children and Young People		Varun Goel Paul Hewitt	Anita Harris & Priya Ganatra	Communication and engagement	Mike Waddington Alex Dewsnapp	TBC	
Carers		TBC	Kim Chilvers				
			MITS TOUSE	TOTAL PROPERTY INTO HUSE		NHS Foundation Trust	

Appendix B: ICP priorities and metrics in North West London

ICP priority area	Outcome/aim	Suggested evidence/deliverable
PHM approach underpinning decisions at all levels, to reduce inequalities (Practice, PCN, ICP)		 Self reporting by PCNs and ICPs on: WISC dashboard available to all organisations in the ICP Increase in user accounts for x borough Demonstrable use of data to identify priority cohorts and actions at PCN and ICP level Demonstrable resident engagement in action plans Impact monitoring and evaluation in place for agreed plans and reported at ICP Board
Development of PCNs and reduced variation in PC	PCNs demonstrating at scale working as a foundation for integrated teams and understanding and addressing variation	 PCN development plans in place and agreed with ICP board PCN operating model in place with aligned community physical and mental health teams and leads identified and clearly articulated third sector involvement Area of focus for variation identified by each ICP with delivery plan and impact evidenced
Organising & integrating care teams around PCNs, to better support frail & complex patients	ICPs develop and agree approach for effective integrated management of frail and complex patients across their health and care needs	 Confirm identification of top 15% complex/frail residents Agree and implement operating model for case management/care planning Decrease in admissions for over 65s over the year (and sub segmented rate for top 15% or actively case managed) Increase in identified carers and uptake of carer support Reduction in Care Home admissions rate against 2019/20
Diabetes – achieve new spec to improve care. Wider LTC focus if capacity	Diabetes enhanced service implemented in PC with integrated pathways into community services (including REWIND and self management)	 8 Key care processes delivered in line with contract requirements Key outcome improvements identified and delivered in line with contract requirements
Community Mental Health – new model implemented & access as NWL agreed	Deliver new MH team model supporting PCNs. Delivery of PC MH Enhanced spec	 SMI and LD health checks delivered in line with contract MH programme to confirm integration metric at neighbourhood/PCN level
Ongoing Covid needs: Vaccination, hesitancy and Post Covid pathway	Consistent focus on impact of covid and future wave s/ vaccines. System working on hesitancy, into flu	 Community engagement programme in place to address hesitancy Covid vaccination to national targets Flu & Covid vaccination – integrated plan in place by September 21 and delivery target to national level (75% last year) 1) %PC contact at risk search and increase in referrals 2) Post sovid service delivering to y week waiting time

Appendix C: ICS Early Planning Guidance

Approach to planning: outline timetable

EARLY THINKING

	Before September	September	October	November	December	January	February	March
Nati onal			Publishes new census data		Publishes operating plan guidance		? Requires first draft of ICS operating plan	Requires final draft of ICS plan
32 NWL wide	 Agree NWL vs BDP vs trust/ collaborative responsibilities Set out planning process and brief LAs Sets out PHM priorities based on PHM framework Sets frame for NWL wide needs compilation 	 Compiles needs assessments from boroughs/ ICPs Sets initial NWL wide priorities, targets and KPIs Sets initial areas for standards 	 Sets out likely areas for support/ best practice for boroughs Sets efficiency expectations 	Sets standards for initial areas in service delivery Develops and tests template for BDP delivery plans	 Adds national priorities to NWL and borough priorities Issues template for delivery plan 	 Lays out support/ best practice offer for boroughs Sets out allocations for trusts/ collaboratives/ BDPs Confirms efficiency expectations 	 8 x planning sessions with BDPs to test and support plan Prioritisation sessions Iterates allocation Agrees goals with ICS work streams 	Collates plans to create ICS plan Submits ICS plan Finalise contracts
Borough level	 Gathers most recent borough needs assessments/ H&WB strategies (with/ for HWB) Compiles timetables for needs/ H&WB refresh (if known) 	Suggests ICS wide priorities	 Suggests local priorities (which together with NWL priorities give borough priorities) Participates in further borough needs assessment/ H&WB strategy 	Outlines BDP delivery plan Discusses delivery plan with acutes	 Updates NWL on borough priorities Adds national priorities to NWL and borough priorities Works with trusts/ collaboratives to set standardised interfaces 	Develops BDP delivery plan Interfaces with acutes on delivery plan	 8 x planning sessions with NWL/ relevant trusts to test and support plan Agrees alternation to allocations 	 Finalises BDP delivery plan Finalise contracts
irusts/ Collaborativ				Outlines trust/ collaborative delivery plan	Works with BDPs to set standardised interfaces	Develops trust/ collaborative delivery plan	 Planning sessions with NWL/ BDPs to test and support plan 	Finalise contracts
8 8				 Interfaces with BDPs on delivery plan 		Interfaces with NWL/ BDP on delivery plan		



Harrow MH Transformation and Community services model

Harrow Health and Wellbeing Board

September 2021

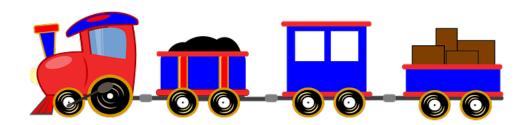


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NHS Long Term Plan for Mental Health Services



- Joined up and coordinated care to support the increasing number of people with long-term health conditions
- More proactive in services provided with a local focus
- More differentiated support offered to people to take more control of how they manage their physical and mental wellbeing
 - Integration of mental and physical health care





Harrow Mental Health Transformation



























NHS England Long Term Plan requirement

Children & Young People's (CYP Mental Health

CYP Eating Disorders

CYP Schools

18-25 young adults

Perinatal Mental Health

T생ing Therapies

Adult community crisis

Community Mental Health (incl. new integrated models and Early Intervention)

Acute inpatient services

Older Adults

Discharge Support Funding

35% access target - 269 increase in Harrow

95%Waiting time Standard

Deliver mental health team in Schools in Harrow as an implementer site

Develop **new model** of mental health care for young adults

310 access in Harrow & 6.6 WTE growth in joint Brent & Harrow team, Extend period of care to 24months + offer partner assessment

Deliver integrated Maternal MH services- Northwick Park to launch in Summer 2021

5,568 access target for Harrow (25% in Quarter 4) incl. older adult proportion Quality - recovery rate (50%), recovery rate in BAME, waiting time targets

24/7 SPA linked to 111 that is all age – with Hub of Hope as directory of services

24/7 First Response & HTT, Core24 liaison,

Expansion of crisis alternatives (The Harrow Cove) incl. support to Higher Intensity Users Integrated Harrow MH hubs live, with VCSE offers. New Primary Care Network Joint roles being recruited ("ARRS" roles)

Employment Services Access target 100 people (part of 903 NWL target)

EIS standard and NICE concordance level 3

New integrated Harrow Older Adult CMHT/HTT Offers.

Contribution to 60% SMI register target

Deliver Trauma Informed Approach – led by Harrow as a pioneer site

Reduce number of people with Length of Stay of 60+ days Eliminate inappropriate Out of Area Placements (OAPs)

Older Adult Harrow Home Treatment Team went live early September

Work with VCSE to support Older Adults in the community

'Kraydel' Digital Pilot in Harrow

Support lear memory assessment waitlist backlogs

5 Step Down beds in Harrow

Pilot addictions & mental health model to support discharge ("REST")

Adult Community Mental Health Transformation Programme

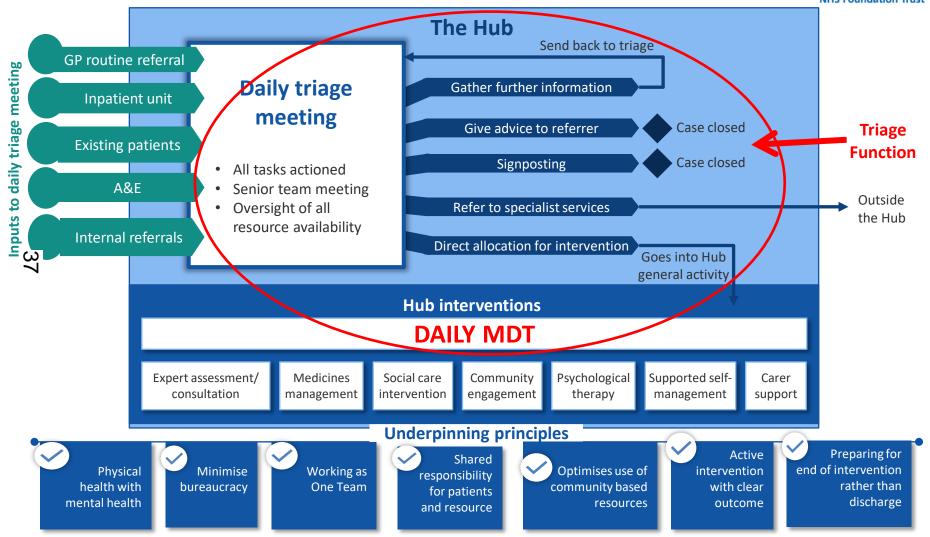


CNWL is implementing a new integrated model for Community Mental Health Services* to ensure people are offered the care they need in a joined up way. Harrow was a National Early Implementer of the new model. The community hubs will

- Wrap around Primary Care Networks, using population health approach
- Integrate primary, secondary and social care for adults with severe mental illnesses
- Deliver intervention-based care in line with national expectations
 - Harrow CCG and CNWL worked together to develop a new model of care for Adult Community Mental Health Services
 - The new model is based around the x5 Primary Care Networks in Harrow
- 'Soft' launch of the new service model in July 2020 (due to Covid pressures), with full implementation September 2020. Further refining of the model continues to take place.
 - The focus of the new care model is to develop a more streamlined community mental health offer, which made the best use of available resources, reduced silo working and ensured the delivery of quality health and social care on a needs basis
 - A core aspiration of the new model is that patients and service users are at the heart of every decision made
 - This will support access to good quality, evidence-based mental health care, available in the least restrictive setting
 - The transformation aims to support partners to make best use of available resources, reduce silo working and deliver quality clinical care on a needs basis

Harrow Service Delivery Model

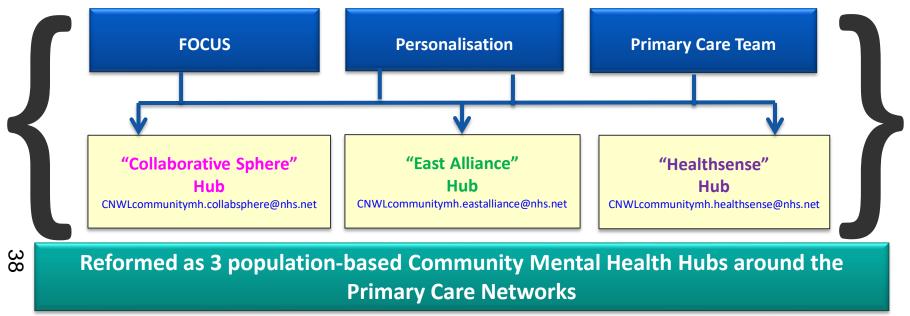






Harrow Adult Community Configuration





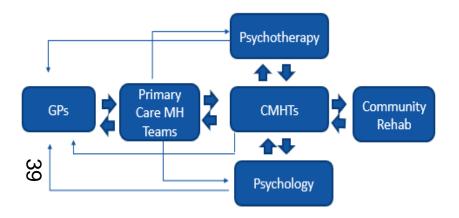
Borough-wide Community Services									
Housing, Carers Support & Placement Reviewing Officers	AMHPs	Memory Service	Psychotropic & Physical Health	Older Adults Service	IAPT	Perinatal Service	Learning Disability Service	POP (Psychotherapy, Psychology, OT)	Early Intervention Service (shared with Hillingdon)



Community MH Hub ways of working

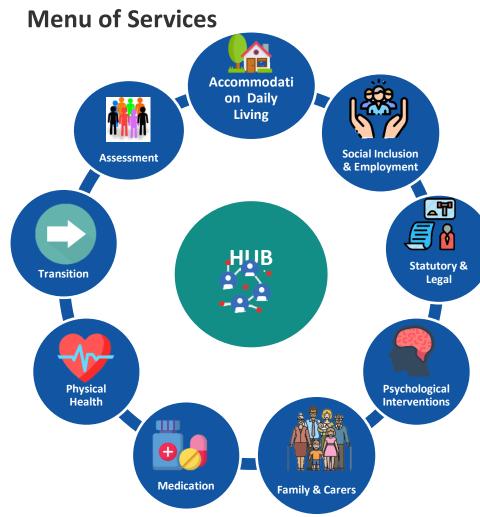


Old Referral Pathway & Team Structures



New Referral Pathway & Team Structures





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COVID recovery in General Practice: Healthwatch Harrow and Harrow Primary care summit

Lisa Henschen, Managing Director – Harrow Integrated Care Partnership Marie Pate, Operations Manager - Healthwatch Harrow

Introduction and overview

- The health and care system in Harrow, along with the rest of the country, is experiencing very high demand for services. This is being driven by a number of factors:
 - A backlog of patients not accessing services over the COVID-19 pandemic period, who are now coming forward for services, many with conditions that are more complex because of a delay in seeking treatment;
 - Continued responsibilities of health and care services in the COVID-19 response; ongoing treatment for patients with COVID-19 and post COVID-19 conditions and ongoing delivering of the vaccination programme;
 - The ongoing need to ensure effective infection and prevention control measures which has an impact of the model of care delivery.
- As a health and care system we are listening to our citizens and finding ways to address the challenges that the system currently is facing.





Illustration of demand: North West London audit of primary care activity

Some key messages: we are doing a lot, and have embraced new ways of working



• The survey recorded that 64,311 calls are triaged per week (for a list size of 1,198,524). That is equivalent to 5% of the list.



• Of that, the survey showed that triage resulted in 8,675 video consultations, which is a conversation of approximately 13%.



 Scaling the survey responses across NW London, that implies general practice in NW London is dealing with 128,780 triage calls per week, and converting those into approximately 17,000 video consultations



 This is a huge amount of activity, and it represents a major shift in ways of working: general practice has seen a step-change in the use of new technologies as a way to support residents through the past 18 months





We are hearing the pain of GP Practices and the pain of patients

GPs are working hard but it is genuinely difficult to access support right now

There have been some positives but the perception is people can't get to see their GP

We need a consistent message for each surgery and PCN

How are we planning for and addressing population growth in Harrow?

A large number of people are accessing GP services but what about those who aren't?

Partners must work with other agencies and stakeholders to encourage fair representation at all levels of frontline services.

There are a number of myths around access to primary care we need to address

How do we ensure GPs are up-to-date with the latest developments

"I don't feel in control at the moment of what's going on in my practice"

"Triage" feels like a waste of everyone's time and leads to frustrations around accessing care

We need to work together to manage better "Did Not Attends" (DNAs)

How can we transform the experience of accessing care (phone, online etc.)

We need to support the PCNs to build resilience

There is inconsistency in approaches to face-to-face and home visits (the same pre-Covid)

Our communities are very different – we need principles, not a "standardised" offer

Black community leaders feel ignored by the current system and do not feel that they are a priority Stress is adding to the burden, we are not solving problems just moving them around

District nurses are our "eyes and ears"

Not just about GPs, it is also nurses, navigators, pharmacists - no single person is the answer

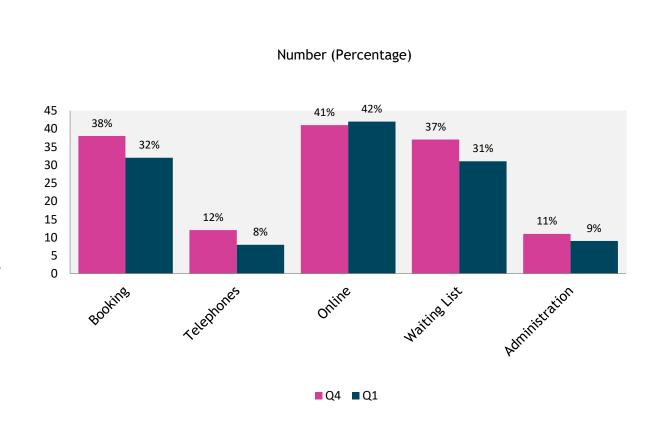
Local leaders and health partners have assumed what black communities need rather than basing it on evidence-based research





Healthwatch Harrow engagement and reports confirm the strain in the system

- Q2 Trend Analysis Reports will be produced mid October, which will provide more detailed information. However, 3 key themes are emerging:
 - Poor levels of GP Access
 - Knock on effect at A&E (6/7 hour waits now common)
 - Impact on staff working conditions and morale.
- An compiling the quarterly report for Q1 2021/22 (April June 2021) we note that compared with the previous quarter, satisfaction levels on access related themes have markedly decreased, to stand at an all-time low.
- Patients have found it increasingly difficult to secure appointments, with congested telephones and generally longer waiting times reported. Those using online services are marginally more satisfied, however the overall rate remains below 50%.







GP Access – Satisfaction Level by PCN

GP Access – Satisfaction Level by PCN

When comparing access related feedback across Primary Care Networks (PCNs) we find that 2 underperform the borough average of 25%.

Questions this raises:

- & What is the role of PCNs in reducing variation in the experience of accessing an appointment across a locality?
- What is the role of PPGs, in identifying and flagging issues?
- How do we ensure clear and consistent messaging from all PCN's and GP's, particularly around ways of accessing your GP.



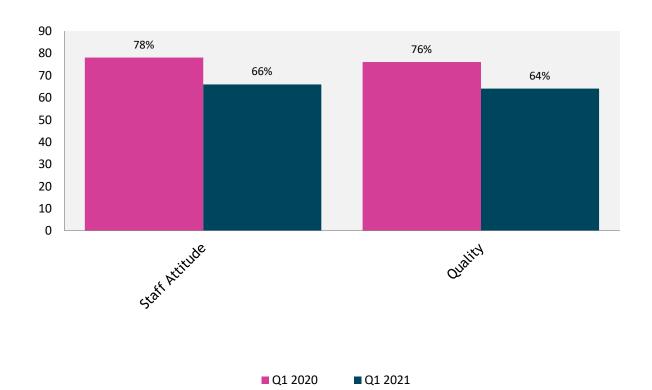


Impact on our local hospital

• Waiting Times: There are reports of 6 and 7 hour waits at Northwick Park A&E department. However, a longer term analysis shows that satisfaction levels on waiting times specifically have not declined over the last 12 months.

Staff Morale: When comparing staffing indicators with the previous year, we find that patients are 12% more likely to experience poor attitude, and also 12% more likely to complain about outcomes.

Number (Percentage)







These are challenges we need to address as a health and care system

- A primary care summit was held early in September, bringing together local GPs, with patients, community services, local authority and hospital services to look collectively at how we do things different to address these unprecedented levels of demand in the system.
- This was the first in a series of discussions on active system change, focused around three themes.

Improved access (telephone, face to face)

 What actions can practices, PCNs and boroughs take to improve access: (telephone and face to face)

Improving reactive care (same day care)

 How do practices, PCNs and boroughs organises themselves differently to improve reactive care

Recovering proactive care

 What actions can practices, PCNs and boroughs take to support recovery of proactive care for people with long term conditions and complex care





Areas for action emerging from the summit

Improved Access

- Invest in training for non-clinical staff and developing non-clinical roles to free up clinical time
- Support patients /communities to understand the different services available and how to access the services appropriately simplify the access points
 Looking at models of same day primary care access, as an alternative to the
- Undertake a mapping of the practice telephony infrastructure and how phones are staffed - look at how to support practices to with better infrastructure and training for e.g. customer services

urgent care pathway

Improving Reactive Care

- Better use of technology telephony, clinical systems
- Flexible & agile workforce across primary, acute and secondary care
- Support patients with behavioural change and about the different services available
- Resources to follow the patient so that there is capacity to look after unscheduled demand closer to the patient

Proactive Care

- Targeted and meaningful engagement with our communities
- Explore new approaches to addressing the workforce challenges
- Improve communication and collaborative working especially between primary and secondary care
- Undertake a mapping exercise across all providers to understand the full end to end pathways, coordinate efforts and reduce duplication
- Greater focus on the prevention agenda LTC (obesity, tobacco, exercise)

Cross cutting themes:

Workforce, communication and engagement, new ways of working and access





Summary

- Harrow is experiencing pressures from demand from services across our health and care services, as is the rest of the country;
- We are listening to and taking seriously the experience of our patients and citizens in access to services;
- Positive and robust discussions are now underway across our health and care system to address the challenges faced through new ways of working, including:
 - Developing PCN Patient engagement structures;
 - Developing links to Practice PPGs to ensure involvement and input into PCN planning and prioritisation;
 - Engagement and planning for provision of extended access services from 1st April 2022





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Quarterly Public Health Report. Quarter 1 2021/22



Introduction

The COVID-19 pandemic has brought an unprecedented situation to the world.

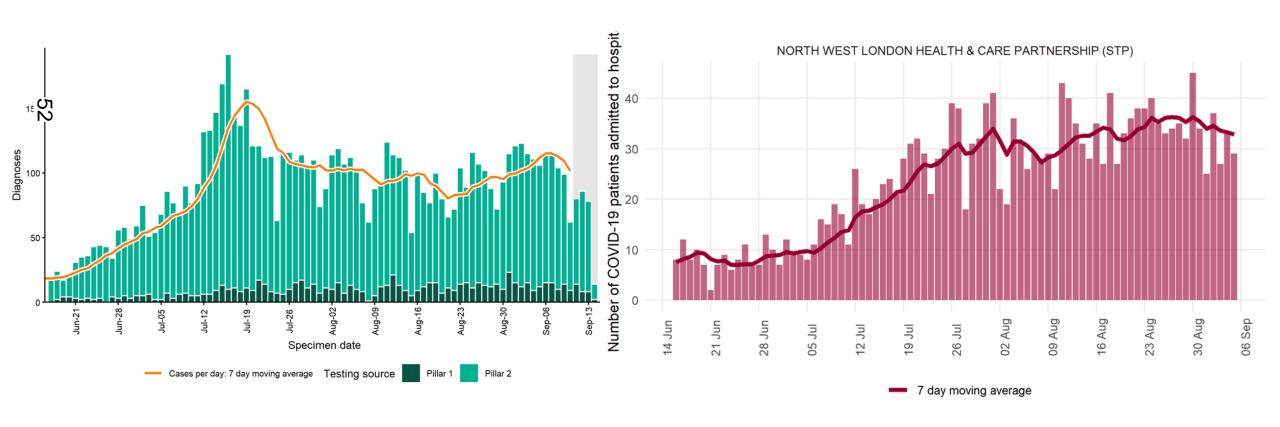
In the first section of this briefing I show the Covid-19 trend since the beginning of the summer, and pose a few observations.

In the second part of the report, I detail some excellent examples of inter-organisational work that have been fast tracked by the pandemic and that will enable us to better tackle health inequalities in the future. I conclude with a slide on the specific PH actions in the last quarter.

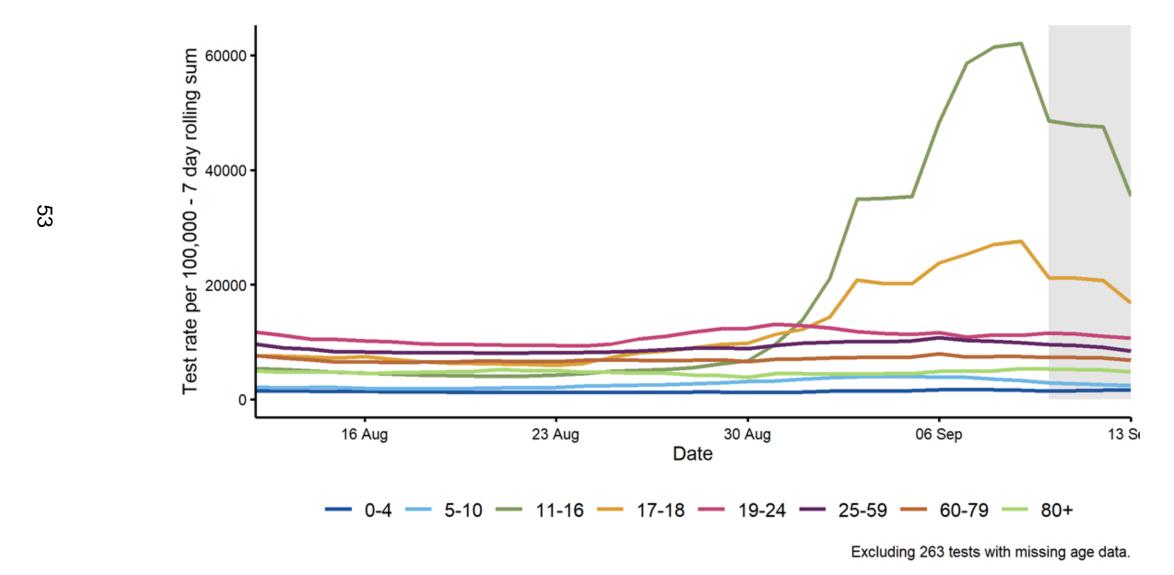
Part 1 Covid-19 — since June

Epidemic curve of confirmed COVID-19 cases in Harrow from June 16, 2021 to September 14 2021, by specimen date and pillar.

Daily number of COVID-19 patients admitted to hospital in the STP(s) associated with Harrow, 16 June 2021 to 5 September 2021.



Age-specific 7-day rolling Pillar 1 and 2 test rates per 100,000 population among residents of Harrow, August 12, 2021 to September 14 2021.



So, examples of inter-organisational work within Harrow

- Strengthening key messaging: hands, face, space and fresh air; routine testing, isolation and vaccination.
- Strengthening key engagement: Working with the Community and Voluntary Sector to share knowledge, and understand behaviours particularly around vaccination.
- Using the relationships with the NHS: to support care homes, deliver vaccination, and ensure appropriate testing venues (both PCR and LFT).
- Supporting schools: outbreak management, contact tracing, interpretation of guidance, and being partners with them to roll out the 12-15 vaccinations.
- Data exchange: pooling knowledge and data to build the foundation of Population Health Management / Risk Management
 - Covid risk factors: age, BMI, deprivation, ethnicity, respiratory conditions and other vulnerabilities

Public Health specific actions (June – September)

- The 2021 flu programme preparation
- Promotion of childhood vaccinations such as Measles, Mumps and Rubella
- Highlight the management of Asthma in children: Ask about Asthma campaign with Mayor of London
- Restarted the weight management through Watford Football Club
 Recommissioning of the Cliff
 - Recommissioning of the Children and Young Person's Substance Misuse service
 - Developing closer links with CNWL in the promotion of good mental health and suicide prevention
 - School based How Are You survey (HAY) Harrow
 - We are looking to refresh our approach to the Expert Patient Programme, which is a peer level education and support programme

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