HEALTHY EARLY YEARS LONDON

HEALTHY SCHOOLS LONDON

Healthy Schools London (HSL) and Healthy Early Years London (HEYL) are award schemes sponsored by the Mayor of London, which support, recognise and celebrate schools/EY providers that are making a difference to children and young people's health.

Harrow Healthy Schools Welcome Pack

PH Support for HEYL and HSL

1. Dedicated HEYL/HSL officer time
2. HEYL/HSL welcome packs
3. Free training on SS4E
4. Access to PH funding e.g. Daily Mile tracks, water fountains
5. Public Health CYP newsletter

LONDON BOROUGH OF HARROW

Example of resulting action in relation to Oral Health:

Healthy Schools London: Gold Award

St Bernadette's Primary School

David O'Farrell, Headteacher

Preach the Gospel at all times
and when necessary use words.

Outcomes

<u>Reception</u>

1) To increase the % of reception children who brush their teeth twice a day from 66% to 80%
Outcome: 84% - target exceeded

2) To increase % of reception children who are registered with a dentist from 60% to 80%
Outcome: 95.5% - target exceeded

3) To decrease the % of reception pupils consuming sugary foods and drinks often from 66% to 50%
Outcome: 5% - target exceeded

<u>**Reception & Y5**</u>

4) To increase parents' understanding of healthy eating and oral health from 66%
Outcome: 95.5% - target exceeded

Example of resulting action in relation to Sexual Health:

HEALTHY SCHOOLS GOLD AWARD

Jubilee Academy
Sukhi Cooper, School Business Manager
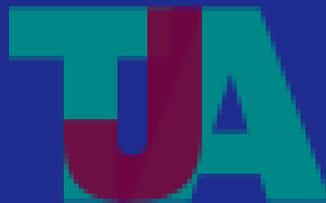
OUTCOMES OF THE PROJECT

1)	To decrease the % of students that do not know how to access local sexual health services, from baseline 58% to target of 40%
Final outcome – 43% IMPROVED BUT NOT MET

2)	To increase the % of students who know how to report a concern if they see something online or in school that is upsetting or makes them feel safe online or at school, from baseline 75% to target of 90%
Final outcome – 100% EXCEEDED

3)	To decrease the % of students who did not feel able to say 'no' to something they didn't want to do, from baseline 16% to target of 10%
Final outcome – 9% EXCEEDED

4)	To decrease the % of students that do not understand what a heathy teenage relationship looks like, from baseline 15% to target of 10%
Final outcome – 0% EXCEEDED